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of
Appalachia**

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FOR IMMEDIATE RELEASE

**Museum of Appalachia Invites Students and Families to Experience
*Fall Heritage Days***

NORRIS, Tenn. – The Museum of Appalachia invites students and families to step back in time during its annual Fall Heritage Days on October 24, 30, 31, and November 7, from 9:00 a.m. to 3:00 p.m.

Guests can watch and take part in demonstrations where things are made by hand—corn shuck and apple head dolls, brooms, baskets, butter, fiber arts, powder horns, rugs, soap, lard, and barrels. Blacksmiths, coopers, and woodworkers will showcase their craft, while demonstrations of rail splitting and beekeeping highlight the skills that sustained early Appalachian communities. Local musicians will add to the atmosphere with traditional tunes, and regional food trucks will serve hearty meals and sweet treats.

Students and families can also try their hand at interactive activities designed to bring Appalachian history to life. From crosscut sawing and quill-pen writing to spelling bees, candle dipping, and classic games, these experiences offer engaging ways to learn about the daily lives of early settlers.

Other highlights include storytelling, folklore and colonial history presentations, old-fashioned schoolhouse lessons, Appalachian music, circle dancing, shape-note singing, and animal encounters.

Admission includes a tour of the Museum farm and village, which contains some three-dozen historic log structures, exhibit halls filled with thousands of Southern Appalachian artifacts, working gardens, and farm animals.

Tickets are available at museumofappalachia.org. Groups of 15 or more, including schools and homeschool organizations, may book in advance by calling 865-494-7680 or emailing bookings@museumofappalachia.org.

Sponsored in part by the Tennessee Arts Commission, Fall Heritage Days reflect the Museum's mission to preserve Appalachian culture and provide meaningful, educational experiences for all ages.

